

**Activity Pool May 2019**  
**(Will be updated May 13<sup>th</sup> for Summer Programs)**

	ADULT ONLY LAP SWIM	GUARDED OPEN SWIM	SWIM LESSONS	SWIM TEAM
Mon	5:30am-4:00 pm	4:00-8:00 PM	4:30 pm - 5:00 pm Sea Turtles 5:00 pm - 5:30 pm Swordfish	5:45pm - 6:30pm Blue Waves 6:30pm - 7:15pm White Waves Both Lanes
Tues	5:30am-4:00 pm	4:00-8:00 PM	2:00 pm - 2:30 pm Guppies	4:30pm - 5:15pm Blue Waves 5:15pm - 6:00pm White Waves Both Lanes
Wed	5:30am-4:00 pm	4:00-8:00 PM	3:00 – 3:30 Guppies 3:30 pm - 4:00 pm Sea Turtles 4:00 pm - 4:30 pm Swordfish	4:45pm - 5:30pm Blue Waves 5:30pm - 6:15pm White Waves Both Lanes
Thurs	5:30am-4:00 pm	4:00-8:00 PM	2:00 pm - 2:30 pm Guppies	4:30pm - 5:15pm Blue Waves 5:15pm - 6:00pm White Waves Both Lanes
Fri	5:30am-4:00 pm	4:00-8:00 PM		
Sat	7:00am- 11:00 am	11:00am - 8:00pm	Morning Private Lessons	
Sun	7:00am- 11:00 am	11:00am - 8:00pm	Morning Private Lessons	

**Competition Pool May 2019**  
**(Will be updated May 13<sup>th</sup> for Summer Programs)**

	UNGUARDED ADULT ONLY LAP SWIM	WATER POLO LEASE	POOL SWIM LEASE
Mon	5:30 am-4:30 pm <i>1 Lane Available</i> <i>4:30 - 8:00pm</i>		4:30pm - 8:00pm SMAC (through May 10 <sup>th</sup> )
Tues	5:30 am-4:30 pm <i>1 Lane Available</i> <i>4:30 - 7:00pm</i>	7:30-9:00 Seattle Otters (through May 7 <sup>th</sup> )	4:30pm - 7:00pm SMAC (through May 10 <sup>th</sup> )
Wed	5:30 am-4:30 pm <i>1 lane Available</i> <i>4:30 - 7:00</i>	7:00 pm – 8:30 pm Rain City (through May 8 <sup>th</sup> )	4:30pm - 7:00pm SMAC (through May 10 <sup>th</sup> )
Thurs	5:30 am-4:30 pm <i>1 Lane Available</i> <i>4:30 - 7:00</i>	7:30-9:00 Seattle Otters (through May 9 <sup>th</sup> )	4:30pm - 7:00pm SMAC (through May 10 <sup>th</sup> )
Fri	5:30 am-4:00 pm <i>1 Lane Available</i> <i>4:30 - 7:45pm</i>		4:30pm - 7:45pm SMAC (through May 10 <sup>th</sup> )
Sat	7:00 am - 8:00 pm Beginning 4/26		OCA 8:00 - 11:30/periodically (May 4, 11, 18,25)
Sun	7:00 am - 8:00 pm	3:00 pm - 4:30 pm Rain City (through May 5 <sup>th</sup> ) <i>Pool Closed for</i> <i>Members @ 3 pm</i>	SUP Fitness 9:00 – 10:00am